

# Resourceful



Be resourceful this month and bake an easy

## **Pumpkin Pound Cake**

**Per serving:** 265 calories, 3 gm protein, 12 gm fat, 38 gm carbohydrates, 70 mg potassium, 131 mg phosphorus, 273 mg sodium

**Serves 16.**

### **Ingredients:**

1 package yellow cake mix  
½ cup vegetable oil  
4 eggs  
½ cup sugar

1 ¼ cup canned pumpkin  
1 teaspoon cinnamon  
¼ cup water

### **What to do:**

1. Combine all ingredients and mix well.
2. Bake in a tube pan at 350 degrees for 1 hour to 1 hour and 10 minutes until tested done.  
(Test to see if it's done by inserting a toothpick down through the top into the middle. If it comes out clean, the cake is done.)

**Note:** A cream cheese frosting may be used; a powdered sugar dusting is recommended.