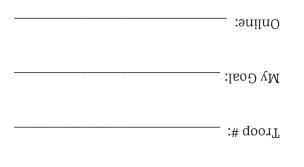
GirlScoutCookies.org







Cookie Program® Girl Scout 2022



















Safe Seller Tips

1. Show you're a Girl Scout Wear the Girl Scout membership pin and/or Girl Scout clothing to identify yourself as a Girl Scout.

2. Use the Buddy System Always use the buddy system. It's not just safe, it's fun.

3. Be Streetwise

Become familiar with the areas and neighborhoods where you will be selling Girl Scout Cookies.

4. Partner with Adults Adults must accompany Girl Scout Daisies, Brownies, and Juniors when they are taking orders, selling, or delivering product. Girls grades 6-12 must be supervised by an adult when selling door-to-door and must never sell alone. Adults must be present at a

cookie booth at all times. 5. Plan Ahead

Be prepared for emergencies and always have a plan for safe guarding

6. Do Not Enter

Never enter the home or vehicle of a person when you are selling or making deliveries. Avoid selling to people in vehicles, except at designated drivethru cookie booths, or going into alleys.

7. Sell in the Daytime

Sell only during daylight hours, unless accompanied by an adult.

8. Protect Privacy

Girls' names, home addresses or email addresses should never be given out to customers. Protect customer privacy by not sharing their information except as necessary for the product sale.

9. Be Safe on the Road Always follow safe pedestrian practices, especially when crossing at intersections or walking along roadways. Be aware of traffic when unloading product and passengers from vehicles.

10. Be Net Wise

Girls must have their parent's/ guardian's permission to participate in all online activities, and must read and agree to the GSUSA Internet Safety Pledge before conducting any online activities.

Be sure to check Girl Scouts safety resources and guidelines — available for download at girlscoutcookies.org/ troopleaders.

Nutrition Facts About 8 servings per container Serving size 2 cookies (25g)

First Name:

Calories % Daily Value Total Fat 6g Saturated Fat 4.50 Trans Fat 0g Cholesterol 0mg Sodium 55mg 2% Total Carbohydrate 17g 6% Dietary Fiber 0g Total Sugars 11g Incl. 11g Added 22%

Protein <1a Vit. D 0mcg 0%

Calcium 0mg 0%

CONTAINS: WHEAT, MILK, SOY MANUFACTURED IN A SHARED FACILITY WITH: PEANUTS, COCONUT.

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160 **Calories** % Daily Value Total Fat 7g 9% Saturated Fat 5g 25% Trans Fat 0g Cholesterol 0mg 0% Sodium 105ma 5% Total Carbohydrate 22g 8% Dietary Fiber <1g Total Sugars 10g

Incl. 10g Added Sugars 20% Protein 1g Vit. D 0mcg 0% • Calcium 0mg 0% Iron 1.6mg 8% • Potas. 0mg 0% The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet, 2,000 calories day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR, FLOUR, NACHN, REDUCED BON, THIAMMIE MONONITRATE, REDOFLAVIN, FOLIC ACID, SUGAR, VEGETABLE OIL SHORTENING PALMA AND PALM KERNEL DILS, COCOA (PROCESSED WITH ALKAL), CARAMEL COLOR, INVERT SUGAR, SALT, BARNES SODA, SOY LECTHINI, NATURAL AND ARTIFICIAL

MANUFACTURED IN A SHARED FACILITY WITH: PEANUTS, COCONUT, MILK.



140 Calories Total Fat 6g 8% 20% Trans Fat 0g Cholesterol 0mg 4% Sodium 90mg Total Carbohydrate 21g 8% Dietary Fiber 0g 0% Total Sugars 10g Incl. 10g Added Sugars

MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT, ① D (H

130

3%

Peanut Butter Patties* **Nutrition Facts**

About 7 servings per container
Serving size 2 cookies (25g)

Calories % Daily Value Total Fat 7g 9% Saturated Fat 4g 20% Trans Fat 0g Cholesterol 0mg 0% Sodium 90mg 4% 5% Total Carbohydrate 15g

Total Sugars 8g Incl. 8g Added Sugars 16%
 Vit. D 0mcg 0%
 • Calcium 0mg 0%

 Iron 0.8mg 4%
 • Potas. 0mg 0%

Dietary Fiber <1g

INGREDIENTS: SUGAR, PEANUT BUTTER (PEANUTS, PALM OIL, CORN SYNUP SOLDS, SALT), ENRICHED WHEAT FLOUR (FLOUR, NACIN, PEDUCED RON, THANAIN MONOMITRATE, REDOFLAMIN, FOLD: ACID, VIGETRAILE OIL, SHORTENING, PALM AND PALM KERNEL OILS, COCO, 4 PROCESSED WITH ALXALI), MYERT SUGAR, LEXENING (BACNIC SODA MONOCALCUM HESPHATE, AMMONIM BICARPOIATE), SYY LECTTINI, SALT, RATURAL AND ART FEGAL FLAVOR. CONTAINS: WHEAT, SOY, PEANUTS, MANUFACTURED IN A SHARED FACILITY WITH: MILK, COCONUT.

Nutrition Facts 8 servings per container
Serving size 2 cookies (30g) 150 Calories

Total Fat 7g 9% Saturated Fat 4.5c 23% Trans Fat 0g Cholesterol 0mg Sodium 70mg 3% Total Carbohydrate 20g Dietary Fiber 0a 0% Total Sugars 9g Incl. 9g Added 18% Protein 1g

Vit. D 0mcg 0% • Calcium 0mg 0%

MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT.

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Caramel deLites **Nutrition Facts**

About 7 servings per container
Serving size 2 cookies (28g)

140 **Calories** % Daily Value Total Fat 6g 8% Saturated Fat 5g 25% Trans Fat 0g Cholesterol 0mg Sodium 50mg 2% Total Carbohydrate 19g 7% Dietary Fiber <1g 2% Total Sugars 12g Incl. 12g Added Sugars 24%

Protein <1q
 Vit. D 0mcg 0%
 • Calcium 0mg 0%

 Iron 0.7mg 4%
 • Potas. 0mg 0%

MOREPIENTS: SUGAR, EMIGHED FLOUR (WHEAT FLOUR, MACN, REDUCED FROM THANNE MONOMITATE FROM THE MONOMITATE. FROM THE MONOMITATE FROM THE MONOMITATE. FROM THE MONOMITATE FROM THE MONOMITED PAIL MY PROPERTIES OF THE MONOMITED PAIL MY PROPERTIES OF THE MONOMITED PAIL MY PROPERTIES OF THE MONOMIT SULFITES PRESENTATIVES), SWEETENED CONDENSED MY MALE MULES SUREN, WHAT SUGAR DEXTROSS: COCCO APPROCESSED WITH ALKAUL, SORRITOL WHEY MILLO, SUCHEMIN, SALT, SOY LECTTIME, LEAVENING (BAYAN) SODA, MONOCALCHIM PROSPHATE), NATURAL, AND ARTHER LEAVENING. CONTAINS: WHEAT, MILK, SOY, COCONUT,

MANUFACTURED IN A SHARED FACILITY WITH:

DEANITS.

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Nutrition Facts

About 10 servings per container
Serving size 4 cookies (26g) 120 **Calories**

Total Fat 4.5g Saturated Fat 2g 10% Trans Fat 0g Cholesterol 0mg Sodium 110mg Total Carbohydrate 19g 7% Dietary Fiber 0g 0% Total Sugars 6g Incl. 5g Added Sugars

Vit. D 0mcg 0%

Calcium 0mg 0%

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONDONITHATE RIBOFLAWN, FOUL ACID, SUGAR, PALM OUL, WHEY (MILK), CORN SYRUP, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), CORNSTARCH, SALT, SOY LECTHIN, NATURAL AND ARTHFICIAL

CONTAINS: WHEAT, SOY, MILK. MANUFACTURED IN A SHARED FACILITY WITH: PEANUTS, COCONUT.

Nutrition Facts

About 7 servings per container
Serving size 3 cookies (34g)

Calories

Saturated Fat 2.5a

Total Fat 8g

Trans Fat 0g

Cholesterol 0mg

Dietary Fiber 1g

Total Sugars 9g

Protein 3g

Total Carbohydrate 22g

Incl. 8g Added Sugars

 Vit. D 0mcg 0%
 • Calcium 0mg 0%

 Iron 1.2mg 6%
 • Potas. 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet, 2,000 calories

INGREDIENTS: PEANUT BUTTER FILLING (PEANUTS, SUGAR, CORN SYRUP SOLIDS, PALM OIL, SALT, CORNSTARCH),

Sodium 105mg

⊕ d

170

10%

13%

5%

8%

4%

% Daily Value

Sell cookies in a whole new way! With Smart Cookies Direct Ship, customers can have cookies shipped directly to them and pay via credit card. Customers can choose any variety of cookies with no minimum order required.

Two easy-to-use ways to increase your sales numbers: Using our Smart Cookies Ordering App

Sending an e-card with your secure link through Smart Cookies Online.

Log in to learn more at abcsmartcookies.com

Please refer to the cookie packaging for the most

CORN SYRUP SQUES, PAIN OIL, SALT CORNISTARCH, ENRICHED WHERE FLOUR FLOUR, MACON, MACON, REDUCED BROW, THAMME MONORITRATE, REPORTAMY, FOLIC ACID, SUGAR, WHOLE GRANN DATS, PAIN OIL SHORTERING, DESTROSE, DEGERHED YELLOW CORN FLOUR, LEAVENING FAMMONIAN DEVARBONATE, BANKIS SOAN, SOURM ACID BEARBONATE, BANKIS SOAN, SOURM ACID BROWNERS AND STAND, MACON, STORY LEATHING, MARIDRA, AND ARTHEICAL PLAYOR.

Find us on social!

FACEBOOK/@GIRLSCOUTSUSA

FACEBOOK/@ABCBAKERS

current information.

FACEBOOK/@LEMONADES



2 cookies (25g) per serving 130 calories per serving

NEW COOKIE!

Toast-yay!TM

Approx. Ct. 16, Net Wt. 8.5 oz. (241g) cookies (30g) per serving 40 calories per serving



Lemonades®

NATURALLY AND ARTIFICIALLY FLAVORED Savory slices of shortbread with a refreshingly tangy lemon flavored icing.

Approx. Ct. 16, Net Wt. 8.5 oz (241g) 2 cookies (30g) per serving 150 calories per serving





Traditional shortbread cookies.

Approx. Ct. 40, Net Wt. 9 oz. (255g) 4 cookies (26g) per serving 120 calories per serving



Thin Mints®

Crispy chocolate wafers dipped in a mint fudge coating.

Approx. Ct. 32, Net Wt. 9 oz. (255g) 4 cookies (32g) per serving 160 calories per serving

BEST SELLER!



Crispy cookies layered with peanut butter and covered with a fudge

Approx. Ct. 15, Net Wt. 6.5 oz (184g)



Crispy cookies topped with caramel, toasted coconut, and fudge stripes.

Approx. Ct. 15, Net Wt. 7 oz. (198g) 2 cookies (28g) per serving 140 calories per serving

BEST SELLER!

Peanut Butter Sandwich

Approx. Ct. 20, Net Wt. 8 oz. (227g) 3 cookies (34g) per serving 170 calories per serving



Girl Scout Cookie[™] proceeds stay local to power unique and amazing year-round adventures for girls in your local community.



\$5.00 **PER PACKAGE**

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