

Leader Basics: Cadettes, Seniors & Ambassadors

Leader Handouts for
Grade Level Trainings



Characteristics of Girl Scout Teens

Each girl is an individual and will develop at her own pace. The chart below can give you guidance in the development of girls ages 11 – 17. Keep in mind that the activities that girls plan should be age-appropriate and based on their needs, interests and abilities.

Developmental Issues	Girls Grades 6 - 8	Girls Grades 9 - 10	Girls Grades 11 - 12
Physical Changes	<ul style="list-style-type: none"> • Onset of menstruation • Begin secondary growth development 	<ul style="list-style-type: none"> • Growth in height • Voice lowering 	<ul style="list-style-type: none"> • Features are developing adult characteristics
Social Changes	<ul style="list-style-type: none"> • Accepting changing bodies • Seek influences outside family 	<ul style="list-style-type: none"> • Greater body and hormonal changes • Gaining peer support • Explore independent values 	<ul style="list-style-type: none"> • Self-expression • Greater Autonomy/ less parental support
Defining Moments	<ul style="list-style-type: none"> • Transition to junior high/ middle school 	<ul style="list-style-type: none"> • Rite of passage – becoming a teenager 	<ul style="list-style-type: none"> • New independence – now can drive
Worries	<ul style="list-style-type: none"> • Grades • Fitting in • Appearance 	<ul style="list-style-type: none"> • Grades • Will boys like me? • Appearance/eating disorders • Too much to do! 	<ul style="list-style-type: none"> • Grades, Success • Too much to do!
Pressures	<ul style="list-style-type: none"> • Peer pressures for testing boundaries include dating and smoking issues 	<ul style="list-style-type: none"> • Pressure to act a certain way 	<ul style="list-style-type: none"> • Worried about getting into the right college
Activity Interest	<ul style="list-style-type: none"> • Improving the world • Outdoor activities • Hang out with friends • Improving self-confidence • Playing sports 	<ul style="list-style-type: none"> • Personalize their own space • Taking trips • Music to express self • Developing image through clothes and fashion • Dating 	<ul style="list-style-type: none"> • Career opportunities • Self-defense • Managing time • Dealing with emotions • Leadership Events
You can Help By...	<ul style="list-style-type: none"> • Creating a safe supportive environment • Giving them opportunities and connections 	<ul style="list-style-type: none"> • Modeling how to explore and affirm emotions and reactions to new experiences 	<ul style="list-style-type: none"> • Empowering them • Encouraging their individual interest

Girl Scout Leadership Experience with 6th–12th graders

The Girl Scout Leadership Experience is what makes Girl Scouts unique compared to any other youth serving organization. There are three program processes. These program processes are the key to achieving the outcomes, Girl Scout Mission and the Girl Scout Promise and Law.

As a Girl Scout Cadette, Senior, or Ambassador leader, you need to connect what you do and how you do things with the girls, to these processes. Let's take a closer look:

Girl Led—By the Girls, For the Girls:

“Girl – Led” is just what it sounds like – girls play an active part in figuring out the what, where, when, how and why of their activities. So coach the girls to lead the planning, decision-making, learning, and to have as much fun as possible. This ensures that girls are engaged in their learning and experience leadership opportunities as they prepare to become active participants in their local and global communities.

- Engage the girls in scheduling how often, when and where the team meets.
- Encourage them to add on trips and other activities that spark their imaginations.
- Have them identify topics that matter to them.
- Have them drive most of the planning, organizing and implementation of their projects with your guidance.

Learning by Doing—Experimental Learning:

Learning by Doing is a hands-on learning process that engages girls in continuous cycles of action and reflection that result in deeper understanding of concepts and mastery of practical skills. As they participate in meaningful activities and then reflect on them, girls get to explore their own questions, discover answers, gain new skills, and share ideas and observations with others. Throughout the process, it is important for girls to be able to connect their experiences to their lives and apply what they have learned.

So, for every experience girls have, encourage time for talking, sharing, reflecting, and applying their insights to new experiences in their lives. As girls lead each other in activities, they will have a chance to practice this approach themselves. Articulating their thoughts and feelings will consolidate what they are discovering about themselves and leadership.

Cooperative Learning:

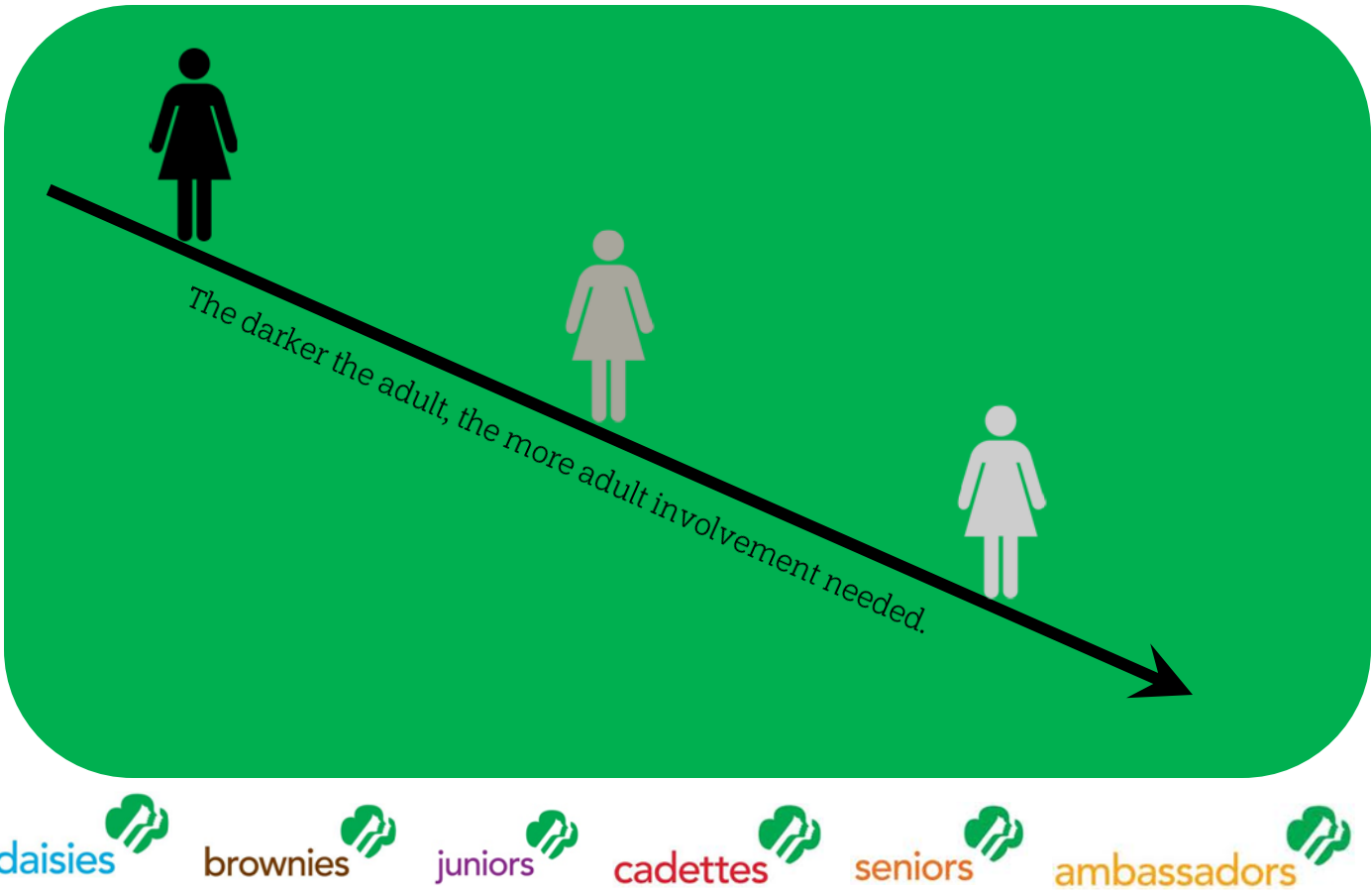
Through cooperative learning, girls work together toward shared goals in an atmosphere of respect and collaboration that encourages the sharing of skills, knowledge and learning. Working together in all-girl environments also encourages girls to feel powerful and emotionally and physically safe, and it allows them to experience a sense of belonging even in the most diverse groups.

While building their relationship skills, the girls will especially value having a team atmosphere that makes them feel safe and supported.

Girl-Led Progression Chart

Girls of every grade level take an active role in determining what, where, when, why, and how they'll structure activities. Of course, you'll provide guidance appropriate to the age of the girls. Plus, you'll encourage them to bring their ideas and imaginations into experiences, make choices, and lead the way as much as they can. Because of you your girls will grow to develop the courage, confidence and character that allow Girl Scouts to truly be girl-led.

Adult Role in Implementing Girl-Led Activities



Troop Government

In order for girls to lead a successful Girl Scout group, they need leadership from within. Adults should guide them in the process of cooperative learning and learning by doing – not doing it for them.

Troop government or structure is usually most effective when chosen by the girls. This may be formal or very informal. Let the girls decide how structured they want this to be. If they start with NO kind of group government, they may eventually see the need for some kind of structure before long! This is part of their learning experience.

Patrol System

The group is divided into smaller groups called “patrols.” The patrol discusses topics that concern the entire group, such as trips to take, times for special gatherings, presenters to invite, etc. Each patrol appoints a patrol leader and the leaders of all the patrols represent their group in a **Court of Honor**.

The Court of Honor is the heart of the troop. Patrol leaders meet with an adult leader who helps to guide decision-making and then the patrol leaders communicate all decisions made in the Court of Honor back to the patrols.

The Patrol System belongs to all of its members. Therefore, it is not only a girl’s privilege, but also her duty to take part in the government of her troop.

Steps in Forming/Implementing Patrols

Form Patrols

- Interpret purpose for girls.
- Give girls a voice in the patrol make-up; also consider balancing ages, interest, skills, schools, etc.
- Determine the method of division in patrols – you can choose randomly, or ask the girls to name three other girls she would like in her patrol, and then make sure you match at least one of her choices.

Elect Patrol Leaders

- Decide with girls the length of terms of office.
- Discuss qualifications and responsibilities of the patrol leader, and give the girls time to consider these criteria.
- Hold elections in each patrol.

Elect Scribe and Treasurer

- Discuss qualifications and responsibilities of these offices.
- As these officers serve the troop as a whole, they are elected from the troop as a whole, and should have active, meaningful roles in the Court of Honor.

Train Officers

- Determine how the Court of Honor will be conducted. Show girls how to lead patrol meetings, form good questions, take notes, resolve problems, follow democratic procedures, etc.
- Model these skills and train the girls in these skills, so they can model them for the troop/group.

Troop Government

Steps in Forming/Implementing Patrols (continued)

Put it to Work

- Ensure that patrols are making real decisions. Have active Court of Honor meetings.
- Hold periodic troop business meetings to discuss, plan, learn, delegate, review and evaluate long term plans, finances, and activities.
- Once or twice a year, open Court of Honor meetings to the entire troop, followed by discussion with the troop.

Town Meeting System

The entire troop makes its decisions together. A Moderator is generally needed to lead group discussions to ensure that everyone gets a chance to speak and provide input. In all governing systems, the girls need to decide which rules to have, but this is especially true in the Town Meeting System. Establish guidelines for discussion and leadership of that discussion. This generally only works well in small groups but can work in large groups if the girls can stay on task. Remember that the girls should be leading the discussion with a little help from the advisor.

Steps in Forming/Implementing a Town Meeting System

Educate girls about the Town Meeting System

- Include the rotation of the moderator's role. This will help build leadership and communication skills.

Watch for leadership in the girls

- Look for those with good communication skills.
- Choose a strong leader first, and give some guidance and coaching.
- Allow them to model for the other girls, and rotate in other moderators after a good pattern has been established.

Establish guidelines for discussion

- Before the first open discussion with the girls, have them establish guidelines as to how to conduct the discussion.
- Guidelines might include: one girl may speak at a time, the speaker must alternate, all ideas will be respected and considered, encourage one another.

Have girls select moderators

- Establish a balanced system that allows each girl to moderate.

Elect a secretary and treasurer

- With adult guidance, these girls will need to keep track of discussion and troop/group funds.
- The position may rotate or have permanent responsibility, dependent on the interests and abilities of the girls.

Put it to work

- Ask leading questions during discussion and encourage the girls to do the same. Come up with a list of good planning questions that they should consider for each event/activity.

Troop Government

Executive Board System

The entire troop makes its decisions together. A Moderator is generally needed to lead group discussions to ensure that everyone gets a chance to speak and provide input. In all governing systems, the girls need to decide which rules to have, but this is especially true in the Town Meeting System. Establish guidelines for discussion and leadership of that discussion. This generally only works well in small groups but can work in large groups if the girls can stay on task. Remember that the girls should be leading the discussion with a little help from the advisor.

Steps in Forming/Implementing an Executive Board System

Explain how the executive board works

- Include the fact that the officers will be attending extra meetings and have additional responsibilities.

Assess the skills and abilities

- Encourage the girls to watch for leadership in the troop/group and to decide on leaders based on who is most qualified to do the job.

Discuss the qualifications and responsibilities

- Have the girls design job descriptions for each position, insure participation of all girls, and facilitate the negotiation of the final responsibilities.

Take nominations

- Remind the girls that this is not a popularity contest, but a selection based on leadership ability.

Hold elections

- Give the girls at least a week to consider the nominees.
- Elections should be confidential.
- Results should be tallied by an adult and one or two of the non-candidate troop/group members.

Put it to work

- Ensure that the officers understand their jobs, have active Executive Board meetings, have the board report the outcomes and decisions made at their meetings to the whole troop on a regular basis and seek feedback and input from the entire troop/group as decisions are made.

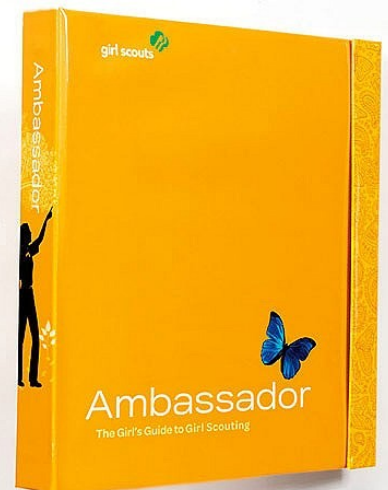
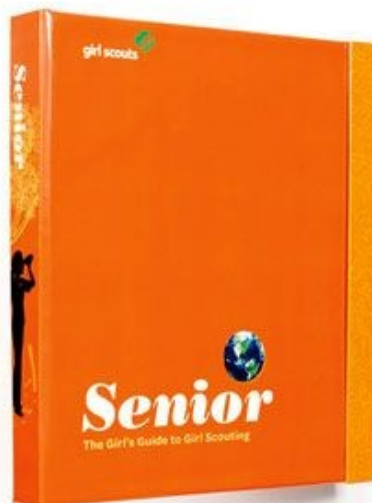
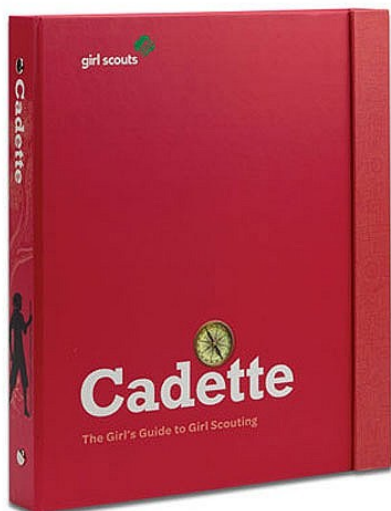
National Program Portfolio— Cadettes, Seniors, & Ambassadors

Girl's Guide to Girl Scouting

Girls at every grade level have a Girl's Guide to Girl Scouting, which correlate with the leadership journeys. Through fun activities, girls can earn a variety of badges to build the skills and gain the confidence they will use to change the world. They can even develop and complete activities to make their own badge a great way to explore a topic of personal interest. (In addition, girls who make their own badge will “learn and earn”, an important skill to have in school, on the job, and in life!)

The Girl's Guide to Girl Scouting is designed to complement the Journeys at each grade level. This means that each Skill-Building Badge Set (there are currently three; each is sold separately from the Girl's Guide to Girl Scouting) is tied to one of the three Journeys (as you can see in the following chart). You will find that doing a Journey and the related badge set at the same time will make it easy to offer the entire National Program Portfolio—Journeys and badges—in a seamless way.

Inside The Girl's Guide to Girl Scouting binder, you will discover three tabs: Handbook, Badges, and My Girl Scouts. The Handbook section consists of the Girl Scout Promise and Law, Journey Map, Girl Scout history and traditions, Girls of the World, Girl Scout Special Days, insignia and awards, bridging requirements, and Silver and Gold Award Guidelines. Under the Badges section you will discover the Awards Log, which lists all of the awards that can be earned by a Girl Scout along with the requirement booklets for the Legacy Badges. My Girl Scouts section contains a journal, community service log and a place where the girls can write a letter to themselves to be read in the future.



National Program Portfolio— Cadettes, Seniors, & Ambassadors

Leadership Journeys

What is a Journey? A key part of the Girl Scout Leadership Experience is the Leadership Journey, a coordinated series of activities grouped around a theme. Along the Journey, girls will use the three leadership keys, Discover, Connect, and Take Action to make the world a better place. The activities included in the Journey guides may be done by troops/groups, by individually registered girls, or as part of larger program events. Each grade-level Journey series includes an adult guide and a corresponding girl book. The adult guide includes sample meeting sessions, activity ideas, and tips for successfully providing a strong leadership experience for girls.

It's Your World—Change It!

Girl Scout Cadette - aMAZE! The Twists and Turns of Getting Along helps girls maneuver through all its twists and turns to find true friendships, plenty of confidence and maybe even peace. By traveling through the aMAZE! Journey a girl will:

- Understand how to recognize stereotypes and cliques and receive ideas on dealing with peer pressure.
- Understand bullying and ways to combat it as well as how to have safe and respectful cyber relationships.
- Complete an action project focused on relationship problems in her community in order to promote peaceful relationships.



Girl Scout Senior- Girltopia helps the girls have the opportunity to imagine and begin to create a Girltopia...a perfect world for girls! To earn the Senior Visionary Award the girls complete the following steps:

- Create It – An artistic representation of an ideal world to share with others.
- Guide It – Lead a discussion or group activity that engages other girls in thinking about visionary leadership.
- Change It – Complete a Take Action Project that moves the world or a community one step closer to ideal.



Girl Scout Ambassador- Your Voice, Your World: The Power of Advocacy is a way for girls to raise their voices for a cause they believe in. Girls will create their own “butterfly effect” and learn new, beneficial skills such as problem-solving, research, networking, persuasive speaking, and consensus-building.

The Girl Scout Advocate Award is earned by completing the Eight Steps to Advocacy. They will explore an issue that they find intriguing, and engage community partners as they advocate for change.



National Program Portfolio— Cadettes, Seniors, & Ambassadors

It's Your Planet—Love It!

Girl Scout Cadette - Breathe! is all about the air – our own and that around us. Cadette girls will learn to assess air quality inside and out, enjoy science experiments, and create some “breathing room” in their lives.



During this Journey, girls have the option of earning one, two or three Girl Scout awards, and they can work toward them as one big team, as mini-teams or individually.

- Aware Award is awarded when the girls check out air quality issues within their community and surroundings.
- Alert Award is earned when the Cadettes educate and inspire others regarding this issue.
- Affirm Award is the third award the girls can earn by sharing what they have learned and the impact that their research and efforts have attained.

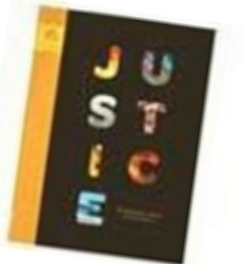
Girl Scout Senior- Sow What? has the girls take a look at the Food Network and how food moves from place to place. They learn about land, and the science and roots of complex global food issues.



To earn The Senior Harvest Award the girls must complete the following steps:

- Identify and dig into a food or land issue, tapping community experts as they go.
- Capture their vision for a change in a Harvest Plan that includes their own “So What?” goal, why it matters, and how it will benefit both the planet and people.
- Create change! Execute your plan by advocating to influence a food policy or land-use effort by educating and inspiring others to act on a solution you identify.

Girl Scout Ambassador - Justice tackles the difficult question of why justice is so hard to achieve. The girls will create and present their own thoughts of what it takes from each of us to achieve justice for all while being inspired by stories from around the globe. Along the way, they will acquire networking skills and possibly career ideas.



The Sage Award is earned by participating in activities in the six steps to understanding environmental justice. This award represents both the commitment and ability to be judicious, and it reminds us of the importance of healing.

National Program Portfolio— Cadettes, Seniors, & Ambassadors

It's Your Story—Tell It!

Girl Scout Cadette - Media offers a fun, comprehensive and multi-disciplinary approach to building girls' leadership. Through storytelling and creative expression, girls gain a better understanding of themselves and their potential, develop confidence to become leaders, and boost their self-esteem. Activities are designed to get the girls moving and thinking in physically challenging ways, role-play activities and recipes to help develop well-rounded, healthy lifestyles the girls will carry with them into their futures.



Through The MEdia Award the Cadettes have the opportunity to earn three leadership awards.

- Monitor Award – Cadettes take stock of the media in their world and understanding the influence it has.
- Influence Award – Cadettes understand the importance of having media reflect the realities of their world.
- Cultivate Award – Cadettes make a personal commitment to cultivate a new perspective on media.

Girl Scout Senior - MISSION: SISTERHOOD! From real sisters working out together to a sisterhood of women working for change, this journey is sprinkled with stories of sisterhood and the benefits they bring to women and the world. The Seniors gain personal inspiration from these stories and also an understanding that with sisterhood behind them they can change the world.



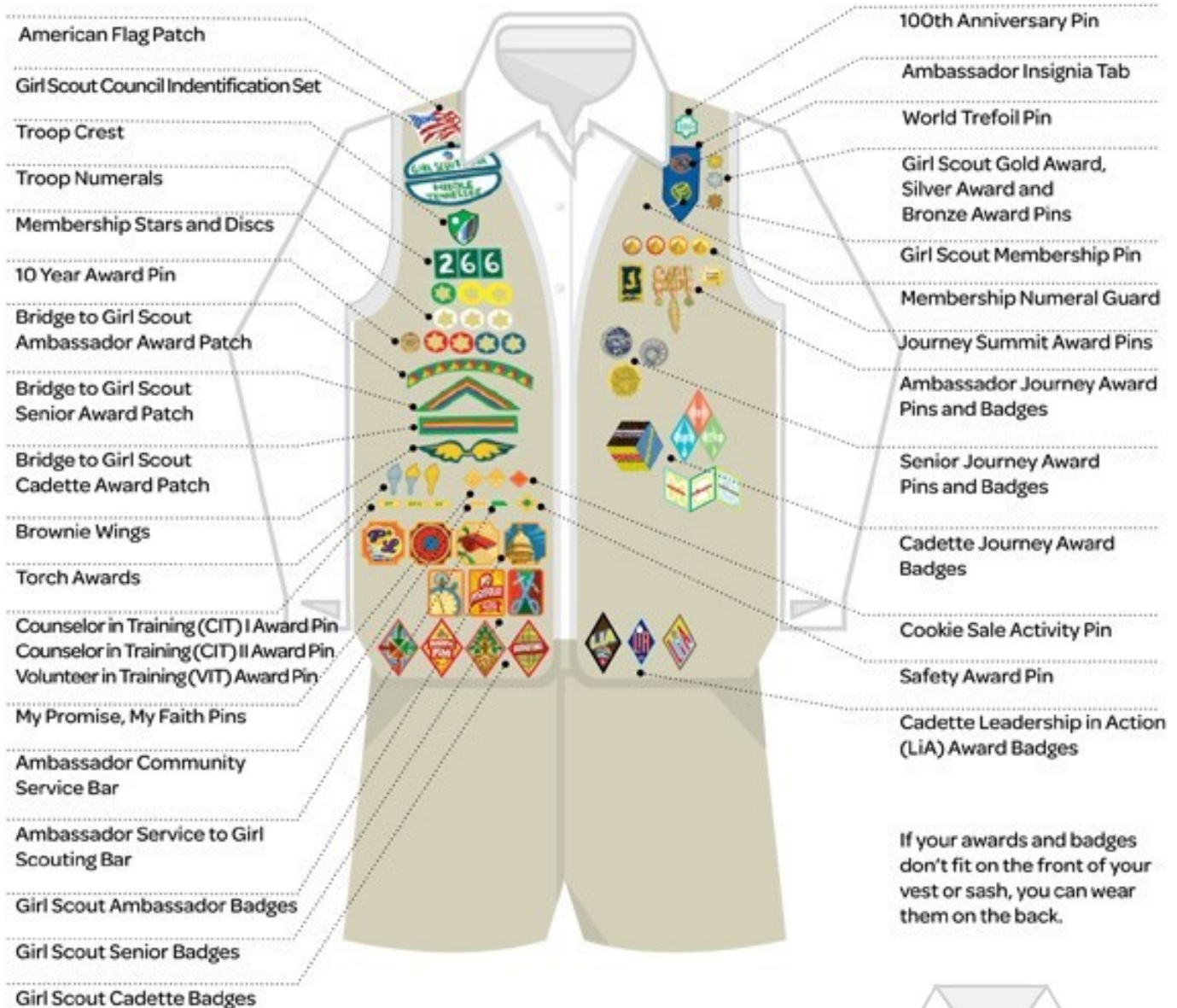
The Sisterhood Award is completed by defining a sisterhood issue, create a plan for how to Take Action and then put the plan in place.

Girl Scout Ambassador - Bliss: Live It! Give It! Ambassadors understand the bliss they can achieve by helping others with their dreams, and they realize that a leader pursues her own dreams and makes it possible for others to do the same.



Ambassadors earn The Dream Maker Award by learning to dream big, now and in their future, and understand the bliss they can achieve by helping others with their dreams. They see that members of their communities have diverse needs, expand their networks, learn to research and make a step-by-step plan and use their talents and skills in new ways.

Girl Scout Teen Uniform



If your awards and badges don't fit on the front of your vest or sash, you can wear them on the back.

Since the early days, Girl Scouts has been a uniformed organization. Today, that tradition continues, with the uniform representing Girl Scouting's trusted relationship between outward appearance and inward strengths and ideals.

Girls usually wear their Girl Scout uniform for the first time at the Investiture Ceremony. Girl Scouts may choose to wear uniforms at meetings or Girl Scout events to:

- Make them easily identifiable to each other and to the public
- Foster a feeling of unity among members
- Reinforce the sense of belonging to the Girl Scout Movement

Wearing a uniform is not a requirement to being a Girl Scout, but uniform pieces provide girls a place to display their Girl Scout pins and the insignia that they have earned.

The official Girl Scout uniform is a white shirt, khaki pants, and the vest or sash.



Teen Insignia & Earned Recognitions

Girl Scout Membership Pin

This pin is worn by Girl Scout Juniors, Cadettes, Seniors, Ambassadors, and Adult Girl Scout Members; and is presented during the Girl Scout Investiture Ceremony. It is worn on the Girl Scout Insignia tab (on the bottom of the tab) on the left side of the uniform.



World Trefoil Pin

This pin signifies that all Girl Scouts are members of the World Association of Girl Guides and Girl Scouts (WAGGGS). It is presented after the girls have learned about the international aspects of Girl Scouting and Girl Guiding. Thinking Day is an ideal time for this ceremony. The pin is worn on the Insignia Tab above the Girl Scout Membership Pin.



Girl Scout Proficiency Badges

In addition to the awards they are earning through the Journeys, the Girl's Guide gives girls the opportunity to earn National Proficiency Badges.

There are four kinds of Girl Scout National Proficiency

badges: Legacy badges, Financial Literacy badges, Cookie Business badges, and Skill Building badges.



Safety Award

The Safety Award is earned when Girl Scouts learn how to stay safe during their adventures/outings.



My Promise, My Faith

Girl Scout Cadettes, Seniors and Ambassadors can earn these awards (one for each year) by exploring how Girl Scouting and their faith offer similar ideas about how to act and live.



The Journey Summit Award

Upon completion of all three Girl Scout Leadership Journeys in a given Girl Scout grade level, the girls will earn this very special award.





Membership Stars



Every Girl Scout receives a gold membership star at the end of each troop year to signify the completion of one year of Girl Scouting. Additionally, the girls receive a colored disc that fits behind the star. Each grade level has a specific color disc. The Girl Scout Cadette disc is white, Girl Scout Senior is red, and Girl Scout Ambassador is navy blue.



Teen Insignia & Earned Recognitions

National Leadership Awards

<p>The Silver Torch Award recognizes Cadettes who act as leaders in their communities.</p> <p>The Silver and Gold Torch Award recognizes Seniors who act as leaders in their communities.</p> <p>The Gold Torch Award recognizes Ambassadors who act as leaders in their communities.</p>	
<p>The Community Service Bar is earned when volunteering with another organization and completing at least 20 hours of service.</p>	
<p>The Service to Girl Scouting Bar is earned by volunteering at least 20 hours to the Girl Scout organization.</p>	

<p>Earning the Girl Scout Silver Award shows that girls are leaders who are organized, determined, and dedicated to improving their communities. This award is earned by Girl Scout Cadettes.</p>	
<p>The Girl Scout Gold Award is the highest award in Girl Scouting. Generations of young women have made a difference in their communities both locally and globally. This is an individually earned award earned by Seniors and Ambassadors</p>	

Mentoring Awards for Cadettes

Leader in Action (LiA) – Earned by assisting a Brownie troop/group with any of their National Leadership Journeys.

Cadette Program Aide – Earned by completing a council designed leadership course training.



Mentoring Awards for Seniors

Counselor-in-Training (CIT) I – Mentoring young girls in a camp setting.

Volunteer-in-Training (VIT) – Mentoring young girls in a troop/group setting.



Mentoring Awards for Ambassadors

Counselor-in-Training (CIT) I – Mentoring young girls in a camp setting.

Counselor-in-Training (CIT) II – Mentoring young girls in a camp setting, focusing skills on one specific area – such as riding instruction, lifeguarding or the arts.



Teen Insignia & Earned Recognitions

Bridging Awards

Awarded when completing the bridging steps listed in the Girl's Guide to Girl Scouting. The award is presented to the girls during the Bridging Ceremony held at the end of the year.

NOTE: This is an optional award. Girl Scouts do not need to earn the "Bridge to Girl Scout Award" to advance to the next grade level.

Bridge to Girl Scout Seniors



Bridge to Girl Scout Ambassadors



Bridge to Girl Scout Adult



For more information regarding Girl Scout insignia and awards, refer to the Handbook section in the Girl's Guide to Girl Scouting.

Troop Crest

The Troop Crest is chosen by a Girl Scout troop. The crests are worn by Girl Scout Brownies, Juniors, Cadettes, Seniors, and Ambassadors. Center the troop crest directly under the council identification strip.



Participation Patches

Girl Scouts often receive patches for participating in an activity, event, or special program (also called fun patches). These events are usually one day programs that the council or service area sponsors, or for special field trips. Participation patches are placed on the back of vest or tunic.



The Girl Scout Silver Award

You must be a GS Cadette (grades 6-8) to earn the GS Silver Award.

ALL steps (including your Final Report) must be completed before September 30th of your 9th grade year or before you bridge to GS Seniors.



STEP 8: Reflect, Share and Celebrate

- Use the reflection questions and sharing tools in the Guidelines.
- Complete your Final Report and submit it to your Council.
- Celebrate your hard work!

To be a part of the Council Awards Ceremony in May, you **MUST** submit your paperwork by April 1st. *If you miss this deadline, you will be included in the next year's celebration.*

Your Silver Award Project should address a problem or need in the community.

STEP 7: Make a Plan and Put it in Motion

- Check out the task chart and other tools in the Guidelines to finalize your plan.
- Complete your project! You should spend about 50 hours on the whole thing, including up to 10 hours from steps 2-6 and up to 3 hours completing the paperwork.

STEP 6: Develop Your Project

- Use the Project Planning Questions in the Guidelines to help you.
- Identify your problem, root cause and a solution with a long-term impact.
- Determine how your idea is sustainable.
- Find a Project Advisor.
- Define a global impact.
- Take one last look and fine-tune your project.

Note: Up to 10 hours of the time you spend developing your project in Steps 2-6 **MAY BE** applied to your Silver Award project hours. Your Silver Award Project must be approved **BEFORE** starting on Step 7.

STEP 4: Explore Your Community

- List your communities and think of ways to "map" them.
- Refer to the community contact list in the Guidelines to help you get started.

STEP 5: Pick Your Project

- Choose a project based on what matters most to you or where you think you can create some positive change.
- Submit your Girl Scout Silver Award Notice of Intent to Council.

STEP 2: Identify Issues You Care About

- What matters most to you?
- What connections can you make between the issues that you care about and the issues in your own community?
- Refer to the issues chart in the GSUSA Silver Award Guidelines for Girl Scout Cadettes (herein referred to as "the Guidelines").

STEP 3: Build Your Team or Go Solo

- The friends you work with can be Girl Scouts, non-Girl Scouts, or a combination of both, but keep your project team small.
- You can create and implement a project on your own. If going solo, you will still want to partner with others in your community.

STEP 1: Complete a Cadette Journey, including all awards and a Journey Take Action Project.

The Journey • If possible, attend a council-sponsored Silver Award Orientation (Not a mandatory requirement, but could be very helpful.)

Journaling is an important part of EACH step in the Silver Award!

Note: Accomplishments prior to bridging OR registering as a Girl Scout Cadette **CANNOT** be applied toward the Girl Scout Silver Award.

The Girl Scout GOLD Award



* All projects must have a project advisor that is NOT the troop advisor (leader) or a parent.

All steps must be completed by your 18th birthday OR no later than September 30th after your High School Graduation.

All projects must have the approval of the Girl Scouts of South Carolina-Mountains to Midlands Gold Award Committee. Approval must be given before girls can begin Step 6.



STEP 7 - EDUCATE & INSPIRE

Submit Final Report

Your Girl Scout Gold Award Project MUST:

- *Make a lasting difference in the community*
- *Put the Promise & Law in action*
- *Uphold Standards of Excellence*
- *ID national/global links to issue*

STEP 6 - TAKE ACTION

Do It! After you receive council approval, put your plans into action. Be flexible and adjust plans as necessary. Work closely with your project advisor.*

STEP 5 - PRESENT PLAN & GET FEEDBACK

Submit your Project Proposal to the Gold Award Committee

STEP 4 - CREATE A PLAN

Set Goals : What is your Project? Why does it matter? Who will help? What difference will it make in the world?

Plan and Budget
Plan for Sustainability

STEP 3 - GET HELP

Build a Team
Select a Project Advisor

STEP 2 - INVESTIGATE

Find out everything you can, then narrow the focus to identify specific aspect you want to address. You might want to use the "mind mapping tool" to help

STEP 1 - CHOOSE AN ISSUE

Use your values and skills to identify a community issue you care about.

The Girl Scout Gold Award Project Requires a minimum of 80 hours.

A girl must be a Girl Scout Senior or Girl Scout Ambassador to begin working on the Gold Award.

Girl Scout Glossary for Teen Leaders

Girl Scouting has its own jargon, and there may be times you feel like someone is speaking to you in a different language! Here are some common terms to help you along the way.

Ceremonies

- **Bridging**—The move from one program level of Girl Scouting to the next (e.g. from Juniors to Cadettes). Bridging requirements are found in the handbook section.
- **Court of Awards**—A ceremony that can be held any time during the year at which petals, patches, pins, recognitions, and other awards are presented.
- **Girl Scouts' Own**—A quiet inspirational ceremony that has a theme and is planned by Girl Scouts and their leaders.
- **Investiture**—A special ceremony in which a new member makes her Girl Scout Promise and receives her membership pin.
- **Rededication**—A formal ceremony for girls or adults, previously invested, to renew the Girl Scout Promise (a good way to start a second year of a Girl Scout grade level).

Friendship Circle—A symbolic gesture in which Girl Scouts form a circle by clasping hands, crossing their right arm over the left. The circle represents the unbroken chain of friendship among Girl Scouts and Girl Guides all over the world. It is often used at a closing ceremony.

Fun patches—Optional patches worn on the back of a uniform. These patches are available for activities or outings (everything from a radio station visit to a pizza party) that are not part of earning an official badge award through the Journeys or the Girl's Guide to Girl Scouting.

"Girl Scouts Always Leave a Place Better than They Found It"—Unwritten Girl Scout rule.

Girl Scout handshake—A formal greeting between Girl Scouts. The handshake is done by shaking left hands while giving the Girl Scout sign with the right.

Girl Scout holidays:

- **Founder's Day**—Juliette Gordon Low's birthday, October 31st
- **GS Birthday**—March 12, 1912 marks the 1st Girl Scout meeting in Savannah, GA
- **GS Week**—An annual celebration during the week of March 12th, the GS birthday
- **Girl Scout Leaders' Day**—April 22nd, a special day to honor Girl Scout leaders
- **World Thinking Day**—Celebrated by Girl Guides and Girl Scouts throughout the world, February 22nd is the mutual birthday of Boy Scout founder Lord Baden-Powell and his wife Lady Olave Baden-Powell who was active in Girl Guides in England and served as World Chief Guide. This is the day for Girl Scouts and Girl Guides to think about their sisters around the world through special projects, international programs, activities, or pen pal correspondences.

Girl Scout Leadership Experience (GSLE) - The Girl Scout program model that engages girls by developing the skills, knowledge, and values needed to be leaders.

Girl Scout mission statement—Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Girl Scout Glossary for Teen Leaders

Girl Scout sign—The official Girl Scout sign to be used as the Girl Scout Promise is being recited and may be used as the Girl Scout Law is recited (optional). It is also used during the Girl Scout handshake. The right hand is raised shoulder high with the three middle fingers extended and the thumb crossing over the palm to hold down the little finger.

Girl Scout slogan—"Do a good turn daily."

GSUSA—Girl Scouts of the United States of America, our national organization.

Juliette Gordon Low—Nicknamed Daisy, Juliette was the founder of Girl Scouting in the United States who formed the first troop meeting in Savannah, Georgia on March 12, 1912.

Kaper chart—A chart that shows the delegation of tasks and rotation of responsibility day-by-day and/or meal-by-meal.

Motto—"Be Prepared."

National Program Portfolio—This is the combined activity materials for the Girl Scout Leadership Experience including Journeys and the Girl's Guide to Girl Scouting.

Older Girl Awards—Bronze, Silver, & Gold Awards are the highest awards a girl can earn while in Girl Scouts.

Quiet sign—The Girl Scout signal for silence in a group situation. The person in charge raises her/his right hand and the Girl Scouts present fall silent and raise their right hands. This is an extremely helpful tool when working with groups of girls!

Safety activity checkpoints—GSUSA's safety program standards found on www.gscmm.org under the Volunteer tab

Sit-upon—A cushion made by Girl Scouts to use when the ground is hard or damp or to keep their clothes clean.

Service Unit—A geographic subdivision of troops (could be by county or school district)

SWAPS—Special Whatchamacallit Affectionately Pinned Somewhere, a keepsake exchanged as a way for Girl Scouts to meet each other and promote friendship.

World Association of Girl Guides and Girl Scouts (WAGGGS) - An international educational association of more than eight million Girl Guides and Girl Scouts.



Troop Meeting Template

As Girls Arrive	
Opening	
Troop Business	
Activities	
Clean-Up	
Closing	

Cadette Earned Recognitions

Girl's Name: _____

BADGE	STEPS	DATE COMPLETED	DATE RECEIVED
Legacy Badges			
Comic Artist	1 2 3 4 5		
Good Sportsmanship	1 2 3 4 5		
Finding Common Ground	1 2 3 4 5		
New Cuisines	1 2 3 4 5		
Cadette First Aid	1 2 3 4 5		
Cadette Girl Scout Way	1 2 3 4 5		
Trees	1 2 3 4 5		
Financial Literacy Badges			
Budgeting	1 2 3 4 5		
Comparison Shopping	1 2 3 4 5		
Financing My Dreams	1 2 3 4 5		
Cookie Business Badges			
Business Plan	1 2 3 4 5		
Marketing	1 2 3 4 5		
Think Big	1 2 3 4 5		
Badge Set - aMaze!			
Digital Movie Maker	1 2 3 4 5		
Eating for Beauty	1 2 3 4 5		
Public Speaker	1 2 3 4 5		
Science of Happiness	1 2 3 4 5		
Screenwriter	1 2 3 4 5		
Badge Set - Breathe			
Book Artist	1 2 3 4 5		
Woodworker	1 2 3 4 5		
Special Agent	1 2 3 4 5		
Trailblazing	1 2 3 4 5		
Badge Set - Media			
Night Owl	1 2 3 4 5		
Animal Helpers	1 2 3 4 5		
Field Day	1 2 3 4 5		
Entrepreneur	1 2 3 4 5		
Netiquette	1 2 3 4 5		
Journey Awards - aMaze!			
Interact Award			
Diplomat Award			
Peacemaker Award			

Cadette Earned Recognitions

Leader in Action (LiA) Award			
Journey Awards - Breathe			
Aware Award			
Alert Award			
Affirm Award			
Leader in Action (LiA) Award			
Journey Awards - Media			
Monitor Award			
Influence Award			
Cultivate Award			
Leader in Action (LiA) Award			



Silver Award: The Silver Award is the highest award that a Girl Scout Cadette can earn.

Date Awarded _____

BRIDGE TO SENIOR GIRL SCOUT	EXPLANATION	DATE COMPLETED
Step 1: Pass It On!		
Step 2: Look Ahead!		
Step 3: Plan Your Bridging Ceremony		

Cadette Girl Scout—Beyond the Learning

PINS AND EARNED AWARDS	DATE(S) RECEIVED
My Promise, My Faith Year 1	
My Promise, My Faith Year 2	
My Promise, My Faith Year 3	
Safety Award	
Silver Torch	
Cadette Program Aide	
Community Service Bar	
Service to Girl Scouting Bar	
Journey Summit Award	
Girl Scout Silver Award	
Membership Star (One for each year, white disc)	
Cookie Activity Pin (One for each year)	

Senior Earned Recognitions

Girl's Name: _____

BADGE	STEPS	DATE COMPLETED	DATE RECEIVED
Legacy Badges			
Collage	1 2 3 4 5		
Cross-Training	1 2 3 4 5		
Behind the Ballot	1 2 3 4 5		
Locavore	1 2 3 4 5		
Senior First Aid	1 2 3 4 5		
Senior Girl Scout Way	1 2 3 4 5		
Sky	1 2 3 4 5		
Financial Literacy Badges			
Financing My Future	1 2 3 4 5		
Buying Power	1 2 3 4 5		
Cookie Business Badges			
My Portfolio	1 2 3 4 5		
Customer Loyalty	1 2 3 4 5		
Badge Set - Girltopia			
Website Designer	1 2 3 4 5		
Women's Health	1 2 3 4 5		
Troupe Performer	1 2 3 4 5		
Science of Style	1 2 3 4 5		
Novelist	1 2 3 4 5		
Badge Set - Sow What?			
Textile Artist	1 2 3 4 5		
Room Makeover	1 2 3 4 5		
Truth Seeker	1 2 3 4 5		
Adventurer	1 2 3 4 5		
Car Care	1 2 3 4 5		
Badge Set - Mission Sisterhood			
Traveler	1 2 3 4 5		
Voice for Animals	1 2 3 4 5		
Game Visionary	1 2 3 4 5		
Social Innovator	1 2 3 4 5		
Business Etiquette	1 2 3 4 5		

Senior Earned Recognitions

Journey Award -Girldtopia			
Visionary Award			
Journey Awards - Sow What?			
Harvest Award			
Journey Award -Mission Sisterhood			
Sisterhood Award			



Gold Award: The Gold Award is the highest award that a Girl Scout Senior or Ambassador can earn.

Date Awarded _____

BRIDGE TO AMBASSADOR GIRL SCOUT	EXPLANATION	DATE COMPLETED
Step 1: Pass It On!		
Step 2: Look Ahead!		
Step 3: Plan Your Bridging Ceremony		

Senior Girl Scout—Beyond the Learning

PINS AND EARNED AWARDS	DATE(S) RECEIVED
My Promise, My Faith Year 1	
My Promise, My Faith Year 2	
Safety Award	
Gold and Silver Torch	
Counselor in Training I	
Community Service Bar	
Volunteer in Training	
Journey Summit Award	
Senior Community Service Bar	
Senior Service to Girl Scouting Bar	
Girl Scout Gold Award	
Membership Star (One for each year, red disc)	
Cookie Activity Pin (one for each year)	

Ambassador Earned Recognitions

Girl's Name: _____

BADGE	STEPS	DATE COMPLETED	DATE RECEIVED
Legacy Badges			
Photographer	1 2 3 4 5		
Coaching	1 2 3 4 5		
Public Policy	1 2 3 4 5		
Dinner Party	1 2 3 4 5		
Ambassador First Aid	1 2 3 4 5		
Ambassador Girl Scout Way	1 2 3 4 5		
Financial Literacy Badges			
On My Own	1 2 3 4 5		
Good Credit	1 2 3 4 5		
Cookie Business Badges			
Research & Development	1 2 3 4 5		
P & L	1 2 3 4 5		
Journey Award -Your Voice			
Advocate			
Journey Awards - Justice			
SAGE			
Journey Award -Bliss-Live It!			
Dream Maker			



Gold Award: The Gold Award is the highest award that a Girl Scout Senior or Ambassador can earn.

Date Awarded _____

BRIDGE TO ADULT GIRL SCOUT	EXPLANATION	DATE COMPLETED
Step 1: Pass It On!		
Step 2: Look Ahead!		
Step 3: Plan Your Bridging Ceremony		

Ambassador Earned Recognitions

Ambassador Girl Scout—Beyond the Learning

PINS AND EARNED AWARDS	DATE(S) RECEIVED
My Promise, My Faith Year 1	
My Promise, My Faith Year 2	
Safety Award	
Gold Torch	
Counselor in Training I	
Counselor in Training II	
Volunteer in Training	
Ambassador Community Service Bar	
Ambassador Service to Girl Scouting Bar	
Journey Summit Award	
Girl Scout Gold Award	
Membership Star (One for each year, navy disc)	
Cookie Activity Pin (one for each year)	