

First Four Meetings: Daisies

A step-by-step guide for the
first four meetings with your Daisy troop

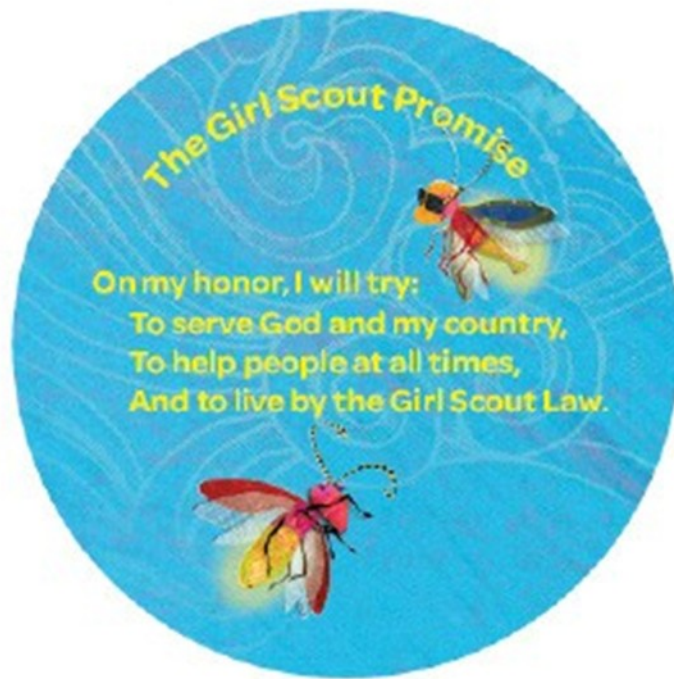


Week One

1

Pre-Meeting Activity: Creating Name Tags

Greet the girls and parents as they enter. Give them each a name tag and have them decorate it to express their personality.



2

Opening Activity: Introductions

Once all girls have arrived, gather them into a circle and explain that they are now in a Daisy circle. Introduce yourself and your co-leaders. Have each girl share her name and one thing about themselves that they want all the girls to know. Teach the girls the quiet sign; when the leader raises her hand, the girls should raise their hands as well and be quiet.

3

Major Activity: Girl Scout Promise

Let the girls know that it is time to hear about an important part of Girl Scouting, the Girl Scout Promise, which they will say together each time they meet. Teach the Girl Scout Sign (right hand, three fingers) and the Girl Scout Promise. Discuss the meaning of each of the three parts. Have the girls draw pictures of what activities they can do in order to live by the Promise. It might be fun to do it as a mural on a large section of butcher block paper.



Week One (cont.)

4

Planning Activity: Troop Agreement

With the girls, brainstorm a list of things to remember so that the troop can be safe and have fun at the same time. Encourage behaviors such as listening to instructions, sharing with their fellow Girl Scouts, etc. Write these ideas down on a large sheet of paper.

5

Clean Up

Choose one or two girls to be the clean up leaders. Explain to the girls the clean up leaders will change every meeting and that every girl will get a chance to be the leader. Have all girls help to clean up the room

6

Closing

Try the Friendship Circle and Friendship Squeeze! Have the girls form a circle, cross their arms right over left and hold hands. One girl starts by making a silent wish and squeezing the hand of the girl on her left holding her right hand. Each girl squeezes the next girl's hand in turn until the squeeze "gets back" to the first girl. The girl who began can then say "Girl Scouts Out."

Building girls of
courage, confidence,
and character,
who make the world
a better place.



Week Two

1

Pre-Meeting Activity: Daisy Chains

Before the girls arrive set out beads and string. As the girls arrive explain to them that they are making Daisy Chains, or a bead necklace, by stringing the beads onto the string. When they are finished have each girl give their necklace to another girl.

2

Opening Activity: Introduce the Girl Scout Law

Have the girls gather in a Daisy Circle and ask them to join you in saying the Girl Scout Promise. Teach them the Girl Scout Law and have it on a large display for them to see. Talk about the line “being a sister to every Girl Scout” and ask them what they think this means. Relate this to the earlier necklace exchange.

3

Major Activity: Creating a Daisy Flower

Talk to the girls about the special Daisy uniforms and the badges that they can add to them. Explain to the girls about the Daisy petals – each petal is a different color and each color represents a different part of the Girl Scout Law. Guide the girls in making a daisy flower out of construction paper with colors corresponding to the petals that the girl can earn.

4

Clean Up

Choose one or two girls to be the clean up leaders. Have all girls help to clean up the room. Explain to the girls that Girl Scouts always leave an area cleaner than they found it.



5

Closing

Ask the girls to come together in a Daisy Circle. Learn “Make New Friends” a traditional Girl Scouts song. Consider singing it in a round if the girls master it. End the meeting with the closing ceremony, the Friendship Squeeze.

Make New Friends

Make new friends, but keep the old.
One is silver and the other's gold.
A circle is round, it has no end;
That's how long I want to be your friend.



Week Three

1

Pre-Meeting Activity: Daisy's Footsteps

Pick 10 to 15 events from the life of Juliette Gordon Low, such as "I was born in Savannah, Georgia" or "I started a club called Helping Hands." Print or type the events on paper "footprints." Hide the footprints around the meeting area. As the girls come into the meeting, ask them to find the footprints. As each girl finds a footprint, have her tape it to a blackboard or on a large piece of paper or newsprint, with the words "Who Am I?" printed on it. Under the construction paper, have a picture of Juliette "Daisy" Low or her name in large letters. After all the footprints have been taped to the blackboard or paper, read them aloud and have one girl uncover the mystery person.



2

Opening Activity: Make the World a Better Place

Have the girls gather in a Daisy Circle and ask them to join you in saying the Girl Scout Promise. Learn a new part of the Girl Scout Law: "To make the world a better place." Discuss what this means and have the girls share their ideas

3

Major Activity: Bird Feeder

Make a simple bird feeder by stringing cereal on a piece of yarn about two feet long. Once you are finished tie the ends of the yarn together. Place the bird feeder in a sandwich bag to carry home. Explain to the girls they can hang the "feeder" from a tree limb. Relate this activity to Daisy Low's first troop and how they bird watched and kept bird books. You may also want to relate this to the opening activity, as one of the many ways Girl Scouts makes the world a better place.

4

Clean Up

Choose one or two girls to be the clean up leaders. Have all girls help to clean up the room. Explain to the girls that Girl Scouts always leave an area cleaner than they found it.

5

Closing

Consider repeating a closing from Week One or Week Two, whichever was more popular with the girls.



Week Four

1

Pre-Meeting Activity: Giggling Gertie

Have the girls form a circle and one girl stands in the center. The girl in the center laughs and tosses a handkerchief or rag in the air. The group starts to laugh and all the players continue to laugh as long as the handkerchief is in the air. The instant the handkerchief touches the floor, all faces become expressionless. The first person caught smiling or laughing is “it” and replaces the girl in the center.



2

Opening Activity: Using Resources Wisely

Use the quiet sign to get the girls' attention. Gather the girls into the usual Daisy circle and recite the Girl Scout Promise. Learn a part of the Girl Scout Law: "Use resources wisely." Discuss what this means and have girls share their ideas. Think of how you can use resources wisely at Girl Scouts, at school, and at home.

5

Closing

Ask the girls to come together again in a Daisy Circle. Learn "Girl Scout Daisies" a traditional Girl Scouts song. End the meeting with the closing ceremony, the Friendship Squeeze.

3

Major Activity: Garden

Talk to the girls about how much fun it would be for them to create their own garden. You can create a garden in an egg carton by cutting the top off of the carton and filling each cell $\frac{3}{4}$ of the way with soil. Have each girl choose a seed, place it in one of the egg carton cells, and cover it with more soil. Each girl can label which seed is hers. Place the garden in a sunny window and make sure to water!

4

Clean Up

Choose one or two girls to be the clean up leaders. Have all girls help to clean up the room. Explain to the girls that Girl Scouts always leave an area cleaner than they found it.

Girl Scout Daisies

I'm a Girl Scout Daisy, Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
We're having fun and sharing,
each and every day.
I'm a Girl Scout Daisy, Hip, Hip, Hurray!

I'm a Girl Scout Daisy, Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
I'm going on a journey,
With friends along the way.
I'm a Girl Scout Daisy, Hip, Hip, Hurray!



Supplies

Week One

Name Tags
Colored Pencils
Poster with Girl Scout Promise
Butcher Paper or Construction Paper
Crayons

Week Two

String
Assorted Beads
Poster with Girl Scout Promise
Construction Paper
Crayons

Week Three

Pre-prepared "footprints" (1)
Blackboard, large sheet of butcher paper, or newspaper (1 & 3)
Poster with Girl Scout Promise (2)
Paper and crayons or markers (4)
Yarn
Dry Cereal

Week Four

Handkerchief or rag (1)
Poster with Girl Scout Promise (2)
Paper and crayons or markers (4)
Egg Carton
Potting Soil
Seeds

