



Quiz for Daisies Brownies (Grades K-3):

True or False

1. Wearing hats can protect you from the sun's rays.
2. You can't get sunburns if you are swimming in the water.
3. Playing in the shade will help you protect your skin from the sun.
4. Anyone with skin can get a sunburn.
5. Sunscreen can protect your skin from the sun.

(T, F, T, T, T)

- Yes. Hats can protect your scalp. Your hair does not protect your head from the sun. - Your sunburns can be worse when you are in or near water because the water reflects sun. Keep in mind that you can also get a sunburn even when it is cloudy outside!
- It is a good idea to seek shade when playing outdoors.
- It doesn't matter what color your skin is---everyone can get a sunburn.
- Sunscreen is a good way to protect your skin. You can also wear protective clothing.

Facts and statistics provided by the American Academy of Dermatology and the American Cancer Society.