

## Girl Scouts Love the Outdoors Challenge 2024

Summer is here and it's time to have some fun outside! Pick your favorite ways to enjoy the great outdoors—from a backyard, window, computer, playground, park, or campsite—and earn the Girl Scouts Love the Outdoors Challenge patch. This challenge starts on June 1 and ends with **Girl Scouts Love State Parks** weekend on September 14 and 15, 2024. Use #gsoutdoors on social media to share your adventures with friends.

**Complete at least 25 activities from the list below to earn your patch.** Will you choose challenging, silly, or artsy activities? It's all up to you—just have fun!

- 1. Attend Girl Scouts Love State Parks on September 14 and/or 15
- 2. Identify three types of trees in your neighborhood
- 3. Germinate apple seeds
- 4. Try paddleboarding
- 5. Take photos of a flower in bloom
- 6. Join a community clean-up effort
- 7. Dance barefoot in the grass
- 8. Share the seven principles of <u>Leave</u>
  <u>No Trace</u> with a younger Girl Scout
- 9. Make a bird feeder out of recycled materials
- 10. Build a fort or tent in your home for indoor camping fun
- 11. Prepare for a hike using mental imagery
- 12. Make a nature-inspired collage with colored scraps of paper
- 13. Volunteer for a shift at a community garden
- 14. Plan an indoor or outdoor picnic for family or friends
- 15. Learn about the history of Indigenous people in your area
- 16. Write down ten things that make you feel peaceful outdoors
- 17. Create an obstacle course in your backyard or at a local park
- 18. Write out five words that best describe the sights and sounds of nature
- 19. Blow bubbles outside and try to catch them

- 20. Learn how your favorite forest animal finds food outdoors
- 21. Walk silently in nature with a friend and then compare what you each heard
- 22. Skip rocks on a lake or pond
- 23. Make an outdoors first aid kit
- 24. Identify two constellations you've never seen before
- 25. Make s'mores while singing silly songs
- 26. Paint a landscape mural with friends or family
- 27. Learn about a local environmental issue and find a way to help
- 28. Make a pretend campfire out of tissue paper
- 29. Feel three types of soil: sand, silt, and clay
- 30. Read your favorite book outdoors
- 31. Make a playlist of outdoor-inspired sounds
- 32. Organize a tree-planting event using the **Girl Scout Tree Promise**
- 33. Draw a map of your neighborhood or playground
- 34. Look at the clouds and describe the shapes you see
- 35. Create a story or comic about animals you might find in the forest
- 36. Following the principles of <u>Leave</u>
  <u>No Trace</u>, find four durable surfaces in your neighborhood
- 37. Practice deep breathing outdoors for three minutes

- 38. Design a treehouse that would fit perfectly in your favorite tree
- 39. Put on an outdoor show (including songs) with friends or family
- 40. Do five minutes of stretching exercises outdoors
- 41. Make a sundial
- 42. Take a close-up look at a tide pool
- 43. Write a poem about your favorite outdoor memory
- 44. Make shadow puppets with a flashlight at night, indoors or out
- 45. Earn your Outdoor Art badge
- 46. Ask an adult about the games they played outdoors when they were young
- 47. Place a jar outside to measure the rain during a rain shower
- 48. Create an outdoor bingo game to play with friends or family
- 49. Fly a kite
- 50. Make a video of an eco-trek

## Completed your 25 activities? Get the patch!





