

**CADETTE, SENIOR,  
AND AMBASSADOR  
Year Plan**













**2**

**for Multi-Level Troops  
Action, Adventure,  
and Friendship**

# Your Awesome Year as a Girl Scout Volunteer

Follow this plan to create a fun and blended experience for your multi-level troop. This will make it easy for you and your Cadettes, Seniors, and Ambassadors to bond as a troop as you explore common themes through age-appropriate badges. Look to council or service unit events (plus generous caregivers!) to help you complete these activities. This plan is built around two meetings per month that bridge content for troops serving Girl Scout Cadettes, Seniors, and Ambassadors.

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Two meetings plus field trip	Two meetings	One meeting plus Service Project	One meeting
<b>Cadette</b>	<b>Cadette</b>	<b>Cadette</b>	<b>Cadette</b>
<ul style="list-style-type: none"> <li>• Girl planning meeting</li> <li>• Trees</li> <li>• GS Love State Parks</li> </ul>	<ul style="list-style-type: none"> <li>• First Aid (part one)</li> <li>• First Aid (part two)</li> </ul>	<ul style="list-style-type: none"> <li>• First Aid (part three)</li> <li>• Service Project (any)</li> </ul>	<ul style="list-style-type: none"> <li>• Space Science Researcher (part one)</li> </ul>
<b>Senior</b>	<b>Senior</b>	<b>Senior</b>	<b>Senior</b>
<ul style="list-style-type: none"> <li>• Girl planning meeting</li> <li>• Eco Explorer</li> <li>• GS Love State Parks</li> </ul>	<ul style="list-style-type: none"> <li>• First Aid (part one)</li> <li>• First Aid (part two)</li> </ul>	<ul style="list-style-type: none"> <li>• First Aid (part three)</li> <li>• Service Project (any)</li> </ul>	<ul style="list-style-type: none"> <li>• Space Science Expert (part one)</li> </ul>
<b>Ambassador</b>	<b>Ambassador</b>	<b>Ambassador</b>	<b>Ambassador</b>
<ul style="list-style-type: none"> <li>• Girl planning meeting</li> <li>• Eco Advocate</li> <li>• GS Love State Parks</li> </ul>	<ul style="list-style-type: none"> <li>• First Aid (part one)</li> <li>• First Aid (part two)</li> </ul>	<ul style="list-style-type: none"> <li>• First Aid (part three)</li> <li>• Service Project (any)</li> </ul>	<ul style="list-style-type: none"> <li>• Space Science Master (part one)</li> </ul>

JANUARY	FEBRUARY	MARCH	APRIL
<p>Two meetings</p>  <p><b>Cadette</b></p> <ul style="list-style-type: none"> <li>• My Cookie Venture (part one)</li> <li>• My Cookie Venture (part two) and Cookie meeting</li> </ul>	<p>One meeting plus meeting/council event</p>  <p><b>Cadette</b></p> <ul style="list-style-type: none"> <li>• Space Science Researcher (part two)</li> <li>• World Thinking Day</li> <li>• World Thinking Day event</li> </ul>	<p>Two meetings plus Cookie booth</p>  <p><b>Cadette</b></p> <ul style="list-style-type: none"> <li>• My Dream Budget (part one)</li> <li>• My Dream Budget (part two)</li> <li>• Cookie booth</li> </ul>	<p>One meeting plus field trip</p>  <p><b>Cadette</b></p> <ul style="list-style-type: none"> <li>• Snow or Climbing Adventure</li> <li>• Climbing field trip</li> </ul>
 <p><b>Senior</b></p> <ul style="list-style-type: none"> <li>• My Cookie Network (part one)</li> <li>• My Cookie Network (part two) and Cookie meeting</li> </ul>	 <p><b>Senior</b></p> <ul style="list-style-type: none"> <li>• Space Science Expert (part two)</li> <li>• World Thinking Day</li> <li>• World Thinking Day event</li> </ul>	 <p><b>Senior</b></p> <ul style="list-style-type: none"> <li>• My Financial Power (part one)</li> <li>• My Financial Power (part two)</li> <li>• Cookie booth</li> </ul>	 <p><b>Senior</b></p> <ul style="list-style-type: none"> <li>• Snow or Climbing Adventure</li> <li>• Climbing field trip</li> </ul>
 <p><b>Ambassador</b></p> <ul style="list-style-type: none"> <li>• My Cookie Business Resume (part one)</li> <li>• My Cookie Business Resume (part two) and Cookie meeting</li> </ul>	 <p><b>Ambassador</b></p> <ul style="list-style-type: none"> <li>• Space Science Master (part two)</li> <li>• World Thinking Day</li> <li>• World Thinking Day event</li> </ul>	 <p><b>Ambassador</b></p> <ul style="list-style-type: none"> <li>• My Financial Independence (part one)</li> <li>• My Financial Independence (part two)</li> <li>• Cookie booth</li> </ul>	 <p><b>Ambassador</b></p> <ul style="list-style-type: none"> <li>• Snow or Climbing Adventure</li> <li>• Climbing field trip</li> </ul>

**COOKIE TIME**

The Girl Scout Cookie Program helps troops pay for things like field trips, badges, supplies, and celebrations. Cookie sales can even help fund destinations and travel. Reach out to your council to learn more about how to participate and when your local Cookie season starts. You may need to adjust the recommended order of earning the Cookie badges in your year plan.

My council Cookie sale dates:

MAY			SUMMER
One meeting			
			
<b>Cadette</b>	<b>Senior</b>	<b>Ambassador</b>	
<ul style="list-style-type: none"> <li>• Bridging to Senior ceremony</li> </ul>	<ul style="list-style-type: none"> <li>• Bridging to Ambassador ceremony</li> </ul>	<ul style="list-style-type: none"> <li>• Bridging to Adults ceremony</li> </ul>	<p>Girl Scouts Love the Outdoors Challenge (all levels)</p>

## Tips and Resources

- When you have the opportunity to get outside, take a small trip, or simply meet in a new space, do it! Shaking things up once in a while keeps things exciting.
- Check with your council to see if they're offering events or activities that your troop could attend. These events make your life easier and allow your troop to connect with other Girl Scouts from their area.
- Discover more possibilities for your troop using the Girl Scout Badge Explorer ([girlscouts.org/badgeexplorer](https://www.girlscouts.org/badgeexplorer)).
- Stay up to date with the latest in Girl Scout activities ([girlscouts.org/newactivities](https://www.girlscouts.org/newactivities)).
- Find fun videos, how-tos, and more in the Girl Scout Activity Zone ([girlscouts.org/activityzone](https://www.girlscouts.org/activityzone)).
- Help your Girl Scouts explore the world around them! Troops can use Cookie funds to plan trips—from overnight adventures to international travel. Individual Girl Scouts can apply for Girl Scout Destinations™ and travel the world with new Girl Scout friends!
- Include time in your closing for each level to share what they worked on and what they learned. This will allow Girl Scouts to see what experiences they share as a troop and what experiences are unique to their program level.
- Find ways to unite your troop members even when the badges/awards they are working toward are different. Consider giving a fun patch or a gift to each girl so they all have something that brings them together as a troop.
- Shop our activities and year plan resources at [girlscoutshop.com/troop-year-plans](https://www.girlscoutshop.com/troop-year-plans).



## Girl Scouts Choose

If one of the recommended badges is not the right fit, or if you want to give your Girl Scouts the chance to shape their own experience, have them vote to choose a different badge within the same focus area. Be sure to consider badges that span multiple program levels to keep your program consistent and show the progression of each badge through each program level. Don't worry—all badge recommendations are available for each level.

Check out our [Award and Badge Explorer](#) for other badge favorites, our latest release of [new programs](#), or visit the [Girl Scout Activity Zone](#).

### STEM



- STEM Career Exploration (all levels)
- Cybersecurity - Basics (all levels)
- Coding for Good - Coding Basics (all levels)

### Outdoors



- Eco Trekker (Cadette), Adventurer (Senior), Ultimate Recreation Challenge (Ambassador)
- Trail Adventure (all levels)

### Life Skills



- New Cuisines (Cadette), Locavore (Senior), Dinner Party (Ambassador)

### Entrepreneurship



- My Money Habits (Cadette), Savvy Saver (Senior), My Financial Planner (Ambassador)